

# Database Backup from the platform

[help.fractal.com/hc/en-us/articles/44202369522189-Database-Backup-from-the-platform](https://help.fractal.com/hc/en-us/articles/44202369522189-Database-Backup-from-the-platform)

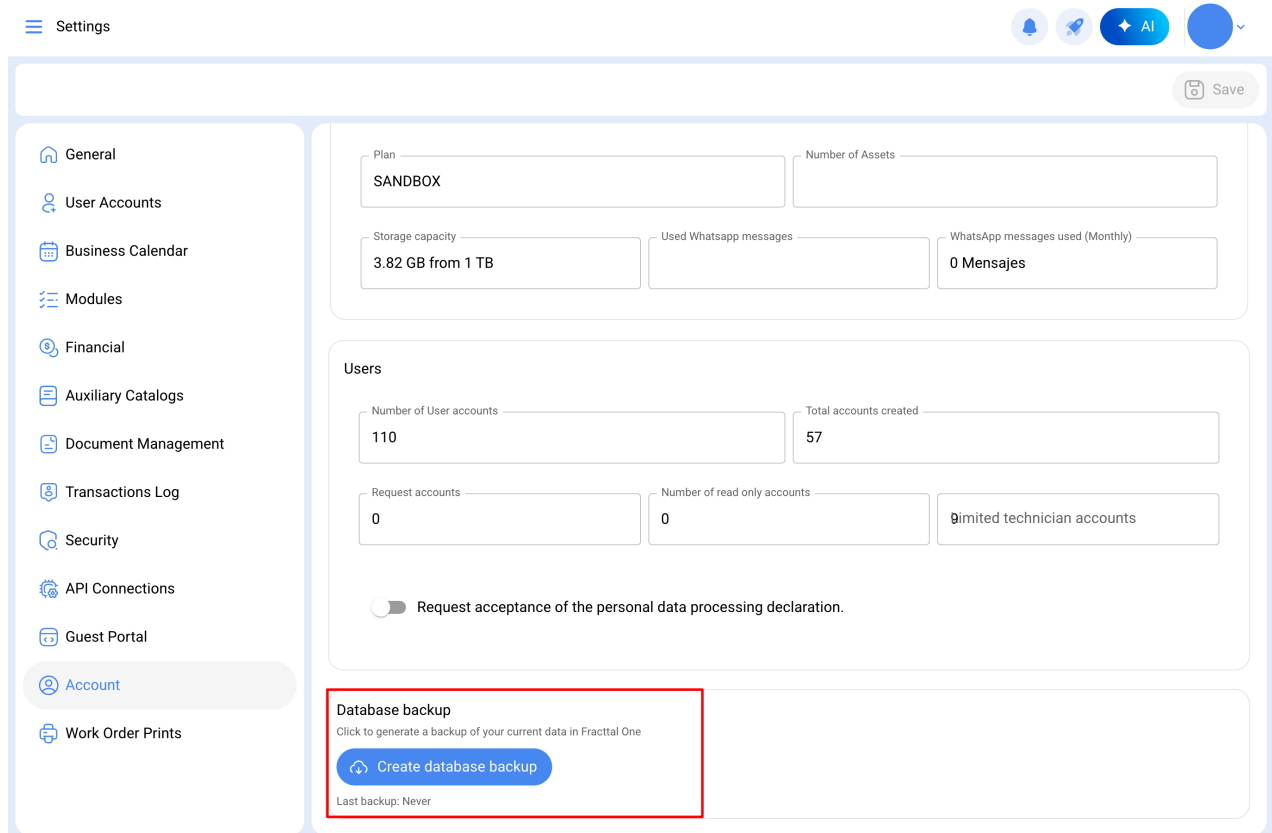
The database backup functionality allows the **Super Administrator** of the platform to generate a complete backup copy of the data directly from the Settings module. Using the internal bulk export engine, the platform facilitates the creation and automatic sending of the backup file, enhancing user autonomy and security practices.

## How to request the database backup

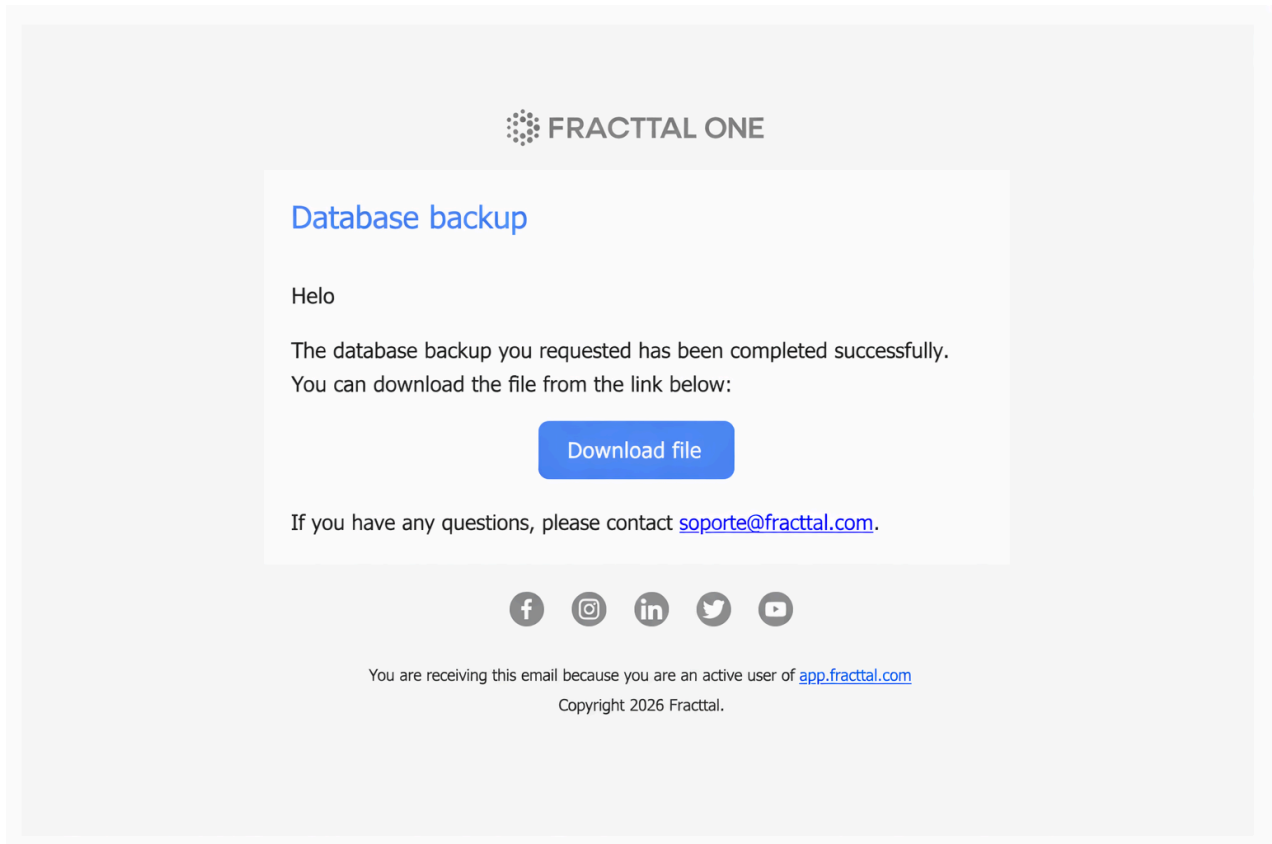
Super administrators can request a full database backup from the platform's **Settings** module. When the request is executed, the system displays a message indicating that the process is underway.

## Steps to request the backup

1. Access the Settings module.
2. Select the option to generate the backup.



3. Wait for confirmation that the process is underway.
4. Once completed, the backup file will be automatically sent to the administrator's email.



This process is carried out using the **bulk export** engine, which manages the generation and sending of the file in an automated manner.